

TOSRV2010 RIDER INSTRUCTIONS

Read these instructions thoroughly and bring this sheet to TOSRV with you. ■ www.tosrv.org

2010 Updates

• **The Higby Road Bridge**, between Chillicothe and Waverly, is being replaced and will not be available by Tour time. The TOSRV 2010 route will take S.R. 772 out of Chillicothe, all the way to Denver Road and then into Waverly. The Route Map has been updated and we will have proper signage. There are other detours possible around the Higby Bridge but those roads are in far worse shape than S.R. 772.

• **The Sunday Luggage Drop** has changed (because the old location has been demolished). The new Sunday Luggage Drop is located in the exit bay of the parking garage at the corner of Third and Rich. Please refer to the Columbus map for more details.

• **We have returned to our original jersey vendor**, so the jersey sizing should be much closer to expectations this year.



Steve Barbour

• **We mourn the passing of one of our own.** Long-time (since 1979) TOSRV rider Steve Barbour was struck by a drunk driver on August 18, 2009 as he was cycling through Hilliard to the start of a ride he was scheduled to lead.

Steve died of his injuries three days later; he never regained consciousness.

Steve was a tireless advocate for cycling and a TOSRV volunteer (and for other rides too), gently encouraging others, and leading by quiet example. Steve worked as a cartographer for the Ohio Department

of Transportation, which gave him an intimate knowledge of the roads. He was famous for never getting lost, which came in handy when new routes were tried and no one else knew the way home. We miss you Steve, your quiet ways, your concise maps, and your constant support. This TOSRV is dedicated to you.

Prepare Yourself

Remember you are going on a 200-mile bicycle ride. Get in condition! You should have ridden one or more 75-mile rides before attempting TOSRV.

Prepare Your Bike

The most common problem in past Tours has been broken down bikes, not broken bones. Get your bike in ideal mechanical condition. Be prepared to perform minor repairs on the road. Assemble a tool kit (extra

spokes, tire pump, patch kit, and spare tubes) and know how to use them. Note that a flat tire is the most common mechanical problem on TOSRV.

Friday Night Reception - TOSRV Registration will held at the Hyatt on Cap Square, 75 E. State Street, on Friday, May 7, starting at 4:30 p.m. Various vendors will also be present. Registration will continue at 5:00 a.m. on Saturday.

The Hyatt will offer their

'Bottomless Bowl of Pasta, (chicken or vegetarian) for \$17.95, and will be served from 5:00 to 9:00 p.m. They also will offer their Columbus Riser Breakfast Buffet, which costs \$19.95 and will be open from 5:00 a.m. until 8:30 a.m.

TOSRV Merchandise - If you ordered merchandise when you registered, you may pick it up at Registration Friday evening or Saturday morning. Both your Acceptance Letter (both the mailed and e-mailed versions) and your Registration Packet will show your purchases.

If you are unable to pick your merchandise during TOSRV, please send \$3.25 for postage to TOSRV with your name and address.

YMCA Sleeping Bag Space - The downtown Columbus YMCA, 40 W. Long, is offering Friday night sleeping bag space for \$15.00. The doors open at 8:00 p.m. and will close at 11:00 p.m. No reservation is required; you just have to show up at the door. You are permitted to keep your bike with you.

Downtown Weekend Parking -

Refer to the enclosed map of downtown Columbus for weekend parking at the City Center Parking Garage, which is in the same block as the Hyatt, off of 3rd St. The cost is only \$9.00 for the weekend. You may park in the City Center Garage on Friday after 3:00 p.m. for \$3.00 for the evening. (If you stay, you must be out by 7:00 p.m. Sunday.)

■ **IF YOU ARE RIDING A FULL TOSRV** you may pick up your Registration Packet on Friday evening or Saturday morning (see the enclosed

map for details). You will need your Acceptance Letter to claim it.

Half Tour riders may either pick up their Registration Packets at the Hyatt on Friday night or at the Bolmer Shelter in Yoctangee Park, starting at 9:30 a.m. on Saturday. All riders may pick up their packets after noon from the HAM Radio operator, located near the Chillicothe food stop. There will be no formal baggage shuttle available after 8:30 a.m., but if you ask, you may be able to locate a vehicle going to Portsmouth. The baggage trucks will be parked Saturday morning on the west side of the Statehouse by 6:00 a.m.; each one will be marked.

If you need but did not receive a Half Tour map, please visit our website or contact Director@tosrv.org to request one. Baggage will be loaded in Chillicothe at Half Tour Registration from 9:30 a.m. to noon.

All riders are urged to pick up their registration packets on Friday to avoid the Saturday morning lines. Your registration packet will contain a TOSRV route map, a stenciled identification number (to be pinned to your back), baggage tag, a souvenir TOSRV patch, and a Portsmouth map, showing all of the assigned Saturday overnight locations in Portsmouth. Your packet label will show your own overnight assignment.

Full TOSRV Departure - The departure and completion point for Full TOSRV riders is the west side of the Ohio Statehouse on High Street in downtown Columbus. Your departure time is up to you. You may start at any time between daybreak Saturday morning (approximately 6:10 a.m.) and 8:30 a.m. Unless you are in excellent condition, we do not recommend starting after 8:30 a.m. You should allow sufficient time for renewing acquaintances while enjoying the early morning preparations; a late start could cause you to reach food stops after they have closed.

Full TOSRV Route - TOSRV will again depart Columbus by way of Dering Road off South High Street to the east and then south to Circleville

(a return to roads used by the very first TOSRVs in the 1960s). The roads will be marked with arrows and proper signage.

Half TOSRV Route - Half TOSRV follows the traditional southern half of the Tour route (with the detour). The departure and completion point for Half TOSRV riders is Yoctangee Park in Chillicothe.

Safety

Helmets are Required - You must wear a CPSC-approved helmet.

You should also wear bright clothing for general visibility and safety. All riding is to be done during daylight hours. Be safe, be seen!

Bicyclists must comply with the same regulations as motor vehicles. Please pay special attention to Law Enforcement directions and all traffic signals. We are asking all TOSRV riders to ride with extra caution and guide inexperienced riders. The potential for accidents is our greatest concern. Demonstrate basic courtesy to motorists and other cyclists when you ride TOSRV. If you are a slow rider, keep to the far right. If you do stop, pull over to the side.

Emergencies - Central Ohio Amateur Radio Emergency Service (COARES) vehicles will be stationed along the TOSRV route at about two-mile intervals. If you see an accident or serious problem, report it immediately to a mobile unit. In case of an emergency at your home while you are riding, the ARES will attempt to contact you. Leave the TOSRV Emergency Number, (614) 461-6648, at home with your family or friends. This number will only be in service as the Emergency Contact during TOSRV weekend and is to be used only in the case emergencies.

Weather - We cannot emphasize enough the long history of unpredictable weather and temperature extremes on TOSRV. TOSRV83 was a perfect example with rain, 25 mph headwinds, and temperatures ranging from 40 to 80 degrees, which forced at least 1500 riders to drop out of the Tour due to a lack of adequate prepara-

tion and clothing. The heavy Sunday morning rains of TOSRV94 discouraged hundreds of riders from even setting out from Portsmouth. Had they been prepared for the rain they could have enjoyed the sunshine and record TOSRV tailwind that appeared only 10 miles north of Portsmouth. BE PREPARED.

Limited TOSRV Sagwagon -

Because of the great number of TOSRV riders, sagwagon service is limited to those with justifiable needs. First attention will go to those with bicycles that are broken beyond simple repair. Those riders who have tired in the early miles will receive last priority. Note that a flat tire is not considered an irreparable breakdown. Carry a pump, a spare inner tube, a patch kit, and know how to use them!

TOSRV sagwagons will take you to the nearest food stop. With a little effort you can usually find a ride to that evening's destination. There are typically a great many cars heading the same direction as the Tour. In Portsmouth, the Crispie Creme Donut Shop is a good place to check on Sunday morning. In the event of rain, the sagwagon policy will not change. We will return all unaccompanied bicycles on Sunday afternoon to Check-in in Columbus. Sagwagons are prohibited on the Tour route. Sagwagons must remain on State Route 23, which parallels the TOSRV route. Sagwagon maps are available both on the TOSRV website and at Registration.

Repairs - Several local bike shops traditionally provide mobile repair services to TOSRV riders at minimal cost. Repair vehicles generally congregate in the area of the greatest number of riders, such as food stops. We encourage riders to patronize the shops that provide these services. We would like to thank Breakaway Bikes of Delaware (Ohio), Bear Wheels, and Century Cycles, who will all be back this year to help.

Tracy Park - The TOSRV Portsmouth terminus is Tracy Park.

You may relax and enjoy some music and refreshments there before going to your overnight assignment. We also recommend a visit to the wonderful murals on the floodwall near the SR 104 entrance to town, including the TOSRV mural. Refer to your Portsmouth map in your Registration Packet for more details.

Saturday Night Shelter - The TOSRV Saturday overnight assignments will be located in several buildings in downtown Portsmouth. Dry, indoor, floor sleeping spaces will be provided for all riders requesting accommodations. You must provide your own sleeping bag and pad. There will be both co-ed and separate facilities available. Showers are available at all overnight locations; riders must provide their own soap and towels.

Portsmouth Hotels - Any hotel or motel expenses are a rider's own responsibility, and separate from registration fees. At the present time, all Portsmouth hotel and motel rooms are reserved for Saturday night. Riders with hotel or motel reservations will find their baggage in the Mercy Life Center parking lot. Please refer to the Portsmouth map for more details. This baggage must be returned to the truck at the Mercy Life Center on Sunday morning before 9:00 a.m. for the return to Columbus.

Camping - Portsmouth Stadium will again be the TOSRV campground. Note that Half TOSRV riders who are camping must carry their baggage to the Stadium from the Elementary School and back to the original truck on Sunday, or exercise the Special Half Tour Baggage Option (below).

Baggage Shuttle - TOSRV baggage shuttle vehicles will carry riders' luggage to assigned sleeping locations in Portsmouth. Baggage is limited to a single parcel of no more than 25 lbs. and it must be tagged with the baggage tag provided in your registration packet. Campers may roll tents separately. Items that riders wish to have with them enroute must

be carried (i.e.: raincoats, cameras, pumps, tire repair kits, tools, etc.). Items carried in the shuttle vehicles will not be available to the riders enroute. Baggage must be tightly wrapped and tagged with the rider's name and address. Baggage weighing more than 40 pounds WILL NOT BE ACCEPTED. Riders may not combine baggage.

We are not responsible for baggage that may be lost on TOSRV. While our loss rate is less than 1/2%, we recommend that you not tempt fate and leave expensive equipment at home.

Full TOSRV riders will load their baggage on shuttle vehicles on the High Street (west) side of the Statehouse on Saturday morning starting at 6:00 a.m. They will reclaim their baggage on Sunday after 11:00 a.m. in the exit bay of the parking garage located at the corner of Third and Rich, after checking in at the Hyatt on Capitol Square.

Half TOSRV riders will load their baggage on the shuttle vehicle in Yoctangee Park in Chillicothe on Saturday and reclaim it there after checking in on Sunday unless they have exercised the Special Half TOSRV Baggage Option, outlined below. Luggage left after 4:00 p.m. at Chillicothe will be returned to Check-In in Columbus.

Special Half TOSRV Baggage Option - The overnight assignment for Half Tour riders requesting Portsmouth accommodations is the Elementary School. Half Tour riders wishing to take advantage of the Camping option or private accommodations may have their baggage transported to a different overnight location. To have Half Tour baggage sent to an overnight location other than the Elementary School, Half Tour riders must pick up their registration materials on Friday evening or early Saturday morning in Columbus, request the change in baggage tags, and then place the luggage on the appropriate baggage truck on Saturday morning in Columbus prior to 8:30 a.m. and proceed to Chillicothe, the Half Tour

starting point. On Sunday morning, baggage must be returned to the same truck to be returned to Columbus on Sunday afternoon.

If you are unable to reclaim your baggage for any reason, call the TOSRV Hotline at (614) 461-6648 or e-mail director@tosrv.org; we will ship it to you

Bicycle Theft - Bicycle theft has been an issue on TOSRV. Bring a good lock and keep a close eye on your bike, especially in the Columbus and Portsmouth areas.

Sunday Check-in - Full TOSRV riders are invited to check in with the TOSRV Registrar on Sunday afternoon in Columbus at the Hyatt, upon completion of the Tour. Commercial food service will also be available at the Hyatt. Riders may pick up their Certificates of Participation at Check-in. Those completing the entire 200 miles will receive certificates affixed with a gold seal. Half TOSRV riders will complete their Tour in Chillicothe, and receive a certificate with a silver seal.

TOSRV Feedback Form and Report - The TOSRV Feedback will be mailed in late summer to all registered riders, please plan to complete and return it to us. Your observations, praise, and criticisms help us to improve TOSRV.

Refunds - TOSRV registrations cannot be reassigned. If you are unable to attend TOSRV, you may request a refund but requests must be post-marked by April 10th, sent by certified mail, and are subject to a \$10.00 processing fee.

Questions - If you have questions about any aspect of TOSRV, go to www.tosrv.org or send a letter with a self-addressed, stamped (44 cents), envelope to TOSRV, P.O. Box 16003, Columbus, OH 43216-6003. Please be sure to include your return address. Prior to TOSRV, you may also call the TOSRV Hot Line at (614) 461-6648 between 5:30 p.m. and midnight or e-mail director@TOSRV.org. ●